

## Find help for return-to-workplace and physical and mental health

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Anthem is here to support your clients with important resources they can use to guide their decisions as they consider reopening their workplace. We understand that your clients want to offer their employees a healthy and safe plan for returning to their place of work.

Anthem recently collaborated with leaders in technology, business, and government to deliver a set of tools designed to help your clients build the right return-to-workplace strategy for their business, maintain focus on physical and mental health, and ensure access to care.

**C19 Explorer** is Anthem's new tool for leaders in health care, communities, and government. It provides interactive dashboards with current and predictive information about COVID-19, including hot spots, response and readiness, infection rates, and risk scores. It also features analysis and visualization to help leaders assess a community's readiness to re-open.

**C19 Navigator** provides clinical insight and predictions to Anthem's business customers. This information can help these organizations consider what to do next and how to re-engage their workforce and re-open, while working to ensure the safety of their employees.

**Sydney Care** delivers personalized engagement and real-time access to health information for consumers. It includes telehealth services and symptom-based triage. Sydney Care also connects consumers with virtual primary care via text or video chat. The app includes a coronavirus assessment and COVID-19 testing locations. A new COVID-19 check-in feature can help larger companies assess employee readiness to enter the workplace.

**Biometric Passport** provides safer entry to the workplace. It evaluates employees' possible COVID-19 symptoms through daily attestations and gives employers information for strategic planning. This tool collects user health information through a simple, daily survey and generates an encrypted QR code. Responses stay on a user's phone. Employers will only know whether the employee is granted entry based on their requirements.

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The C19 Explorer, C19 Navigator, Biometric Passport and Sydney Care tools are available on our new technology-centered [website](#), which also connects users to additional tools and resources:

**ianacare** lets users connect and coordinate caregiver support teams through a free mobile app. Caregivers can invite people to join their team and share what help they need. Team members can volunteer for specific tasks. Teams can help with meals, rides, respite care, pet care, house work, and shopping. The app can coordinate in-person or virtual visits.

**PsychHub** provides [COVID-19 mental-health resources](#) to help individuals, families, and care providers cope with pandemic-related stress. National mental-health leaders collaborate to help with challenges like social isolation and job loss.

**Aunt Bertha** is an Anthem partner and a leading social care network. It helps individuals and families find free and reduced-cost social services in their communities. The services include COVID-19-specific assistance, such as food delivery and help paying bills. Everyone can use Aunt Bertha to access more than 350,000 programs sorted by ZIP code across the U.S.

We continue to develop and add valuable tools to this [focused website](#). They will focus on care selection and contact tracing.

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We'd love to assist you with your Anthem business. Please let us know how we can help.

– Your ExpressLink Team [Contact Us](#) | 216-520-1300

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